

Resources

a. Online misogyny

i. A glossary of Incel terms: https://journal-exit.de/wp-content/uploads/2021/06/Incels_-A-Guide-to-Symbols-and-Terminology_Moonshot-CVE.pdf

ii. Bates, Laura, 1986-. 2021. Men Who Hate Women: From Incels to Pickup Artists : The Truth About Extreme Misogyny and How It Affects Us All. Sourcebooks.

iii. Bates, Laura, 2025 The New Age of Sexism. Simon & Schuster Ltd

iv. Kaiser, S. (2022). Political Masculinity: How Incels, Fundamentalists and Authoritarians Mobilise for Patriarchy. Polity.

v. Guardian article about mass shooting of women in 1989 in Montreal

<https://www.theguardian.com/world/2019/dec/04/mass-shooting-1989-montreal-14-women-killed>

vi. Guardian article: Plymouth Shooter 2021:

<https://www.theguardian.com/uk-news/2023/jan/18/plymouth-shooter-jake-davison-fascinated-by-mass-shootings-and-incel-culture-inquest-hears#:~:text=Davison%20shot%20Lee%20Martyn%2C%2043,who%20had%20just%20been%20shopping.>

0had%20just%20been%20shopping.

vii. The Dual Pathways Hypothesis of Incel Harm: A Model of Harmful Attitudes and Beliefs Among Involuntary Celibates. William Costello^{1,2} · Joe Whixaker³ · Andrew G. Thomas²Published online: 21 May 2025 (research using the largest survey of incels in US and UK to date)

viii. What is an Alpha Male? <https://theconversation.com/what-is-an-alpha-male-254503>

b. Healthy Masculinity

i. Address by President Nelson Mandela at National Men's March, Pretoria 22 November 1997:

http://www.mandela.gov.za/mandela_speeches/1997/971122_mens_march.htm

hooks, bell, 2004.TheWilltoChange:Men,Masculinity,andLove.New York. Atria Books

ii.

iii. Bissett, A. (2023). Lads: A Guide to Respect and Consent for Teenage Boys. Wren & Rook.

iv. Hooven, Carole, 2021. Testosterone: The Story of the Hormone That

Dominates, Divides and Drives Us. Octopus Publishing Group
v. Katz, J. (2006). The macho paradox: why some men hurt women and
and how all men can help. Sourcebooks, Inc.
vi. Moran, Caitlin, 2023. What about Men? Ebury Press

c. Affects of Pornography

- i. Wilson, Gary. 2015. Your Brain on Porn: Internet Pornography and the
Emerging Science of Addiction. Commonwealth
- ii. Children's Commissioner 'A lot of it is just Abuse': Young people an
pornography January 2023

<https://www.childrenscommissioner.gov.uk/resource/a-lot-of-it-is-actually-just-abuse-young-people-and-pornography/>

- iii. Hanson, E. (2021) Pornography and human futures. Fully Human:
fullyhuman.org.uk

- iv. Ofcom: Online Safety bill: <https://www.ofcom.org.uk/online-safety/protecting-children/implementing-the-online-safety-act-protecting-children>

d. Positive steps to addressing online hate and disinformation

- i. Marron, Dylan. 2022. Conversations with People Who Hate Me. Atria
Books (also a podcast)
- ii. Higgins, Eliot. 2021. We Are Bellingcat. Bloomsbury Publishing
- iii. Scottish Government Violence Against Women and Girls policy:
<https://www.gov.scot/policies/violence-against-women-and-girls/>
- iv. Zero Tolerance report on Many Good Men and policy

recommendations: <https://www.zerotolerance.org.uk/many-good-men/>

- v. Malcor, Olivier Scripting violence, rehearsing change – Games and
theatrical tools to work with perpetrators of gender-based violence
www.work-with-perpetrators.eu

2. More video resources

- a. BBC documentaries about Andrew Tate:

<https://www.bbc.co.uk/iplayer/episode/m0022vj7/panorama-andrew-tate-accused>

- b. ChannelFour documentary about Andrew Tate:

<https://www.channel4.com/programmes/i-am-andrew-tate>